

Mothers' Milk Bank Northeast Share the Health

FOR IMMEDIATE RELEASE CONTACT: Deborah Youngblood, <u>Deb@milkbankne.org</u>

Mothers' Milk Bank Northeast and Reliable Maternity announce Grand Opening of Human Milk Bank Depot in Norwood

Mothers' Milk Bank Northeast announces the opening of a donor milk depot at Reliable Maternity located at 1504 Boston-Providence Turnpike, Suite 7B Norwood, MA. The grand opening will take place on Wednesday December 7 at 10:00 AM. The first milk donations will be dropped off by local milk donor mothers and then driven off to Mothers' Milk Bank Northeast by one of volunteer Bikers for Babies, members of the women's motorcycle club, Moving Violations.

A milk bank collects milk from mothers who have more supply than their babies need. They screen donors, then pasteurize, test, and dispense milk primarily to premature and medically fragile babies. A community milk depot is a drop-off site where local moms can bring their milk, after having been screened by the milk bank.

"We are grateful and delighted to be partnering with the team at Reliable Maternity. They recognize the critical need to promote breastmilk donation so that there is ample supply for the tiny babies who rely on us for a healthy start in life," said Deborah Youngblood, Executive Director of Mothers' Milk Bank Northeast.

Milk donor screening, modeled after blood donor screening, includes health history, physician approval, and a blood test. These are some of the many measures taken to assure the safety of

milk for vulnerable babies served by Mothers' Milk Bank Northeast.

Reliable Maternity provides breast pumps, supplies and complimentary lactation counseling for patients. Their certified lactation counselors support breastfeeding families and they have supplies available for nursing moms, accepting most insurance plans.

"Reliable Maternity is excited to work with such a great organization as Mothers' Milk Bank Northeast. We are here to support individuals throughout their lactation journey. As a Milk Depot, we hope to raise community awareness regarding milk donation and the important role it plays in the lives of fragile babies in need. We also want to thank Sam's Appliances and Furniture of Norwood, MA who generously donated a chest freezer for safe storage of breastmilk," explained Lisa Falkson of Reliable Maternity

Donor milk is rapidly becoming the standard supplement to mothers' milk for preterm infants in neonatal intensive care units (NICUs). This has led to greater demand for safe, pasteurized donor human milk from nonprofit milk banks like Mothers' Milk Bank Northeast, which are certified by the Human Milk Banking Association of North America (HMBANA). Mothers' Milk Bank Northeast has been screening donors, as well as pasteurizing and dispensing milk to over 100 hospitals and to families throughout the northeastern United States since 2011.

Those who wish to donate their breast milk can review guidelines on the Milk Bank website, www.milkbankne.org/donate, then contact a Donor Intake Coordinator for screening at 617-527-6263 x3 or donate@milkbankne.org. Once screened and approved, donors will have a new convenient location to drop off donor milk in Norwood. Approved milk donors can email Reliable Maternity at MilkDepot@ReliableMaternity.com to schedule a time to drop off.